

Cold Therapy

Enclosed are alternatives for cold therapy after your surgery. We encourage you to choose an option that appeals to you and contact the company and your insurance carrier to assure that it is covered. **This is not a requirement for your surgery but can help with post-operative pain and swelling.** If your insurance does not cover this type of treatment modality than an ice pack can be substituted.

If you are able to obtain a cold therapy unit it is recommended you bring it to the hospital with you for your surgery. It should be anticipated that 4-6 weeks of cold therapy is helpful after surgery.*

- Integrated Orthopedics: 1-800-509-8111
- MedSource, LLC: 1-312-285-6526



*If your surgery is at Elmhurst Memorial Hospital, you will not need to purchase as a cold therapy unit will be provided.